

Imperial Health Charity

Volunteering Policy

Last reviewed: Review due:

Introduction from the Head of Volunteering

At Imperial Health Charity we engage volunteers to, first and foremost, help us to improve the experience for patients, visitors and staff within the five hospitals of the Imperial College Healthcare NHS Trust.

Our vision for volunteering at Imperial is to achieve an instantly recognisable community of volunteers who are visibly making a positive difference to the experience of all of our patients, visitors and staff.



We want volunteers to feel valued and well supported as part of the team to truly live our values in the roles. We want staff to be able to understand, work with and support volunteers to help them make a difference for our patients.

At our core we believe that the role of a volunteer within the NHS environment is to add value to the work of our paid professionals, not to replace jobs, cover gaps or cut costs. This policy sets out our commitment to managing a high-quality volunteering programme and the methods through which we will do this, to ensure that both volunteers and our hospitals benefit from the experience.

I am excited to introduce this, our first iteration of such a policy, which has been produced in collaboration with volunteers and staff, with input from partners and peers within the voluntary sector, and will I hope, set us up for many years of successful volunteer involvement at Imperial.

Sam Morris Head of Volunteering

March 2018

Who is this policy for?

For volunteers: who are currently involved in activities across the hospitals, and in the work of the Charity and those individuals who are interested in becoming a volunteer.

For Imperial College Healthcare NHS Trust staff: who already involve, or work alongside, volunteers or are considering creating a new role or opportunity for volunteers to improve the patient experience, in their department

Imperial Health Charity staff: who manage, support or work alongside volunteers

For other organisations: who work alongside us within the hospitals

What is a volunteer?

For the purposes of this policy, Imperial Health Charity define a volunteer at Imperial College Healthcare NHS Trust as:

- Having a defined role with clear tasks and responsibilities
- Which is more than just providing feedback or service user input
- Which is unpaid;
- Doing something that benefits patients, visitors and/or staff and the wider aims of the Charity
- Other than, or in addition to, close relatives

Volunteering with Imperial Health Charity, as defined in this policy, does not cover the following:

- Consultations or patient involvement in the development of services
- Mandated requirements to complete 'voluntary service' as part of academic studies
- Work experience or professional shadowing
- Attending patient support groups
- Trustees and volunteers of other charities operating within the hospitals, unless they are also a properly appointed volunteer carrying out a volunteer role with a weekly commitment
- Individuals who hold fundraising or awareness stands in public areas within the hospitals, including
 individuals who may support our partner charities with adhoc fundraising events either in our hospitals
 or in the community
- Taking part in a medical or drugs trial

Other Definitions

'We'- where used refers to Imperial Health Charity.

'The Trust'- abbreviated from Imperial College Healthcare NHS Trust.

'Volunteer Supervisor'- the named member of Trust staff providing day to day support to volunteers.

This policy is produced and managed by the Volunteering Department of Imperial Health Charity, with consultation and involvement from volunteers and Imperial College Healthcare NHS Trust staff. *This policy has been reviewed and approved by the Board of Trustees and will be reviewed regularly.*

Expectations: Our Volunteer Agreement

What volunteers can expect from Imperial Health Charity:

- A named member of staff as a main point of contact who will support you, manage your tasks, answer questions and provide help when you need it
- Regular contact and support from staff within the Volunteering Department, including a dedicated Volunteering Manager based at your main hospital site (which would include contact from us if you are absent from your role)
- An official volunteer uniform to wear whilst volunteering
- Core Training and ongoing role-specific guidance, support and training
- Refresher training courses and additional training opportunities, along with insurance cover to ensure you have a quality, safe and happy experience volunteering with us
- An opportunity to feed back about your experience volunteering with us
- To be treated equally and without discrimination
- For any issues, problems or concerns you face whilst volunteering to be addressed and resolved fairly
- Recognition for your contribution as a volunteer
- Reimbursement of out of pocket expenses, in accordance with our volunteer expenses policy
- Opportunities to socialise and meet other volunteers and staff

What we expect from volunteers:

- Support Imperial Health Charity, our hospitals and our partners by carrying out your volunteer role to the best of your ability within the boundaries of the Role Description, organisational policies and training
- · Complete a Core Training session and any other training including regular updates as requested
- Successfully complete required vetting checks (including DBS disclosure where required), and inform
 us if anything in your circumstances changes that might affect having a satisfactory DBS disclosure
- Contribute to and share in the success of the team you volunteer with as well as the wider team of Imperial Health Charity volunteers
- Provide excellent customer service and strive to ensure that every patient or visitor has the best possible experience with us
- Recognise the importance of our patients, donors and NHS staff in supporting the work of the charity
- Wear your volunteer uniform and provided form of identification whilst volunteering and ensure you are presentable at all times, following any location-specific dress code as required
- Sign in and out each time you volunteer according to the routine for your location and keep us informed
 if your circumstances change
- Uphold Health and Safety by following our policies, procedures and standards by:
 - Being aware of your own health and safety and of that of others, reporting any incidents including any safeguarding observations and concerns
 - Respecting others and treating everyone equally, including patients, staff, visitors, supporters and other volunteers
 - Maintain confidentiality at all times, including within our hospitals, regarding our activities, the patients in our care, our team and our procedures
- Ensure all activities you undertake as a volunteer do not risk bringing the NHS Trust, Imperial Health Charity or our partners into disrepute
- Be a positive representative of Imperial Health Charity, be accountable for your actions and accept constructive feedback, at all times
- Meet time commitments and standards agreed, and where possible give reasonable notice when unavailable, so other arrangements can be made

Contents

| a) The Volunteer Journey | 5 |
|--|----|
| 1. Recruitment | 5 |
| 2. Selection and Vetting Process | 6 |
| 3. Induction and Training | 7 |
| 4. Support | 8 |
| b) Key Processes and Policies | 9 |
| 5. Health and Safety: Infection Control | 9 |
| 6. Health and Safety: Fire | 11 |
| 7. Health and Safety: Manual Handling | 11 |
| 8. Equal Opportunities and Diversity | 12 |
| 9. Insurance | 12 |
| 10. Boundaries | 12 |
| 11. Safeguarding | 14 |
| 12. Lone Working | 17 |
| 13. Incident Reporting and Whistle Blowing | 17 |
| 14. Problem Solving | 18 |
| 15. Compliments, Complaints, Suggestions | 20 |
| 16. Confidentiality and Managing Data | 21 |
| 17. Communications and Social Media | 23 |
| 18. Expenses Policy | 24 |
| 19. Gifts | 25 |
| 20. Providing references for volunteers | 25 |
| c) Volunteering with Imperial Health Charity | 26 |
| 21. Volunteer Roles | 26 |
| 22. Dress Code and Uniform | 27 |
| 23. Attendance | 28 |
| 24. Training | 28 |
| 25. Changing Roles | 29 |
| 26. Taking a Break | 29 |
| 27. Leaving a Volunteer Role | 30 |
| 28 Recognition Awards and Thank You Events | 31 |

a) The Volunteer Journey

1. Recruitment

- 1.1 Creating new opportunities for people to volunteer is a collaborative process. Staff within the hospitals or other charity teams are encouraged to identify ways in which volunteers could support and be part of their teams. The Volunteering Department will provide advice as to suitability of tasks and roles generally so as to ensure that it meets our core principle that volunteers should only be engaged to add value to the work of paid staff, not replace or substitute paid staff jobs or tasks. We will work in partnership with teams to ensure that roles created are both of value to the organisation and will provide potential volunteers with enjoyment, opportunity to learn or use skills, meet new people or feel they are meaningfully contributing, or all of the above. Teams wishing to explore involving volunteers are encouraged to seek advice from the Volunteering Department and complete a Volunteer Request Form online at: bit.ly/ihcvolunteer The Volunteering Department usually works to an annual plan, and will agree those roles and teams to work with in advance, this is usually aligned with priorities for the charity and Trust working together for that year. See 21. Volunteer Roles.
- 1.2 Imperial Health Charity welcomes volunteer applications from all areas of the community. People volunteer for the widest reasons, bringing with them their experience, skills and motivation. All prospective volunteers must complete a standard volunteer application form, accessible via the Imperial Health Charity website. For those who do not have access to the internet, reasonable adjustments will be made, where possible, to enable a paper form to be completed. At Imperial Health Charity, volunteer recruitment is driven by organisational need so potential volunteers can apply for roles advertised, which are clearly defined opportunities and activities which add value to the work of both Imperial Health Charity and Imperial College Healthcare NHS Trust. All volunteer opportunities will be supported by individual volunteer role descriptions. As a Charity supporting an NHS Trust, clinical and non-clinical staff across all five Imperial Hospitals work in collaboration with the Volunteering Department, to ensure that roles advertised focus on improving patient experience. Unfortunately, applications will not be accepted after the specified deadline on the role advert due to the capacity of the team which administrate these applications.
- 1.3 Roles are actively advertised in a variety of ways, to try and capture a range of applicants from all aspects of the community. Applications are particularly welcome from those that live in and around the areas of the Imperial College Healthcare NHS Trust hospitals, including patients, ex-patients, carers and family members. Advertising methods, used depending on the nature of the role, include:
 - Online, through websites such as Do It and Team London.
 - In the hospitals, on noticeboards, and within wards and public areas.
 - Within the local community, for example GP surgeries, pharmacies, libraries and community noticeboards in shops and other organisations.
 - The Volunteering Department will also work closely with local Volunteer Centres, universities and colleges to advertise roles.
- 1.4 For any roles which require specific skills or experience, requirements will be explained clearly on the role description for prospective volunteers before they begin the application process. Unless otherwise indicated through bespoke programmes such as the Young Volunteers Programme (open to 16-25 year olds), roles are only open to applicants aged 18 and over.
- 1.5 Imperial Health Charity will do everything practically possible to ensure volunteer opportunities are available to everyone, in line with its commitment to Equality and Diversity. Whilst there is no specific upper age limit for volunteering with Imperial Health Charity, consideration will always be given to an applicant's physical and mental ability to carry out the role.

1.6 Where a role is being advertised for a limited period with an application deadline we will endeavour to advertise for a minimum of three weeks.

2. Selection and Vetting Process

- 2.1 Imperial Health Charity carries out a selection process for each role, to ensure volunteers match the skills and experience needed to undertake key tasks, as outlined in the Role Description. The relevant vetting procedures are required to be completed, before being placed at a hospital site. This can include either a standard or enhanced Disclosure and Barring Service check (DBS) and receipt of satisfactory references. The requirements will vary depending on the nature of the role and whether it is a clinical role (based on a ward) or a clerical role (based in an office or non-patient facing role). When roles are created we will refer to the latest guidance from NHS Employers using their scenarios and eligibility checker for volunteers to determine a role's eligibility to have a DBS check and to which level.
- 2.2 All applications received will be shortlisted against the advertised criteria for the specific role, based on the skills/experience section outlined in the Role Description. Applicants are encouraged to complete the application form with as much detail as they can provide to give us a full picture of their experience and motivations to volunteer. Applications which do not demonstrate the standards required, or are completed incorrectly, will either be encouraged to re-submit where time and capacity allows or will be deemed unsuccessful. Unsuccessful applicants will be informed as soon as possible after the closing date. Due to the volume of applications and general enquiries that we receive, we are not able to promise any individual feedback at this stage in our process. Applications from current or previous volunteers or previously unsuccessful applicants will be considered with the exception of any individuals who we have had to end a volunteer relationship with or where previous criminal behaviour deems them unsuitable for the new role they are applying for.
- 2.3 Imperial Health Charity welcomes applications from all aspects of the community and will not discriminate on any characteristic including (but not exclusively) religious belief, political opinion, social background, ethnic and national origin, gender, sexual orientation, disability or age. Imperial Health Charity will ensure recruitment and selection procedures are consistent, provide equality of opportunity and are seen to be fair by all. Selection decisions are based on an individual's ability to do the role they have applied for. Equal opportunities data is captured as part of the application form purely for monitoring purposes and is not made available to staff involved in our selection process.
- 2.4 Unless indicated otherwise, all individuals applying for a volunteer role are required to attend a selection activity. Selection activities will either take the form of a face to face interview or a selection event involving group activities and an interview. Group activities are designed to show team working and communication skills, as well as skills specific to the role applied for. Where applicants are unable to attend in person the Volunteering Department may be able to arrange an interview over the phone or via Skype. As far as possible NHS Trust staff, who will be supervising the new volunteers, will be involved in the selection activities so that they can advise as to suitability of individuals for the role and their team. Where an individual is deemed to be unsuitable we will endeavour to give feedback if requested.
- 2.5 Once individuals have attended a selection activity, whether a group selection event or individual interview, we will carry out the vetting process to the required level for the volunteer role. All applicants require two satisfactory character references. Ideally referees should be known to the applicant in a leadership capacity, either as a current or previous; employer, volunteer manager, community leader, teacher/tutor, client or healthcare professional. At least one referee needs to have known the applicant for a minimum of two years. Where an applicant, owing to personal circumstances, is not able to provide two referees known in a leadership capacity, an individual of local standing within the applicant's community may be used, even if the referee is known to the applicant in more of a personal way, such as a long-term friend. We will, however, not accept family members (including partners) as

- valid referees. Where a volunteer role includes interacting with patients and carrying out regulated activity we will also apply for a DBS Disclosure at either standard or enhanced level (appropriate to the role) for the individual. Where roles require a DBS disclosure, a repeat application must be completed every three years.
- 2.6 Successful applicants need to complete all required elements of the vetting process satisfactorily before they can attend a Core Training session. Once Core Training is completed volunteers can start their role. Where either a reference or a DBS disclosure reveals information, decisions as to suitability will be taken on a case by case basis, referring to the Head of Volunteering and the Trust's People and Organisational Development team where required. Where an existing volunteer wishes to apply for additional roles or change a role, they will need to complete any required vetting procedures for the new role as outlined in section 25. Changing Roles

3. Induction and Training

- 3.1 All new volunteers are required to complete a three-month induction journey when they start volunteering with us.
- 3.2 Our Volunteer Induction Journey comprises four elements:
 - 1) Core Training Session
 - 2) Role Specific Training (as required, some of which may be 'on the job')
 - 3) Induction checklist
 - 4) Three Month Review Meeting with Volunteering Manager
- 3.3 All volunteers are required to attend a one-day Core Training session which covers all essential information that volunteers should be aware of before they start in their role. Volunteers are not permitted to start volunteering until they have attended a Core Training session. Core Training for volunteers covers all the safety topics required for volunteers as agreed between Imperial Health Charity and Imperial College Healthcare NHS Trust. Core Training is also designed to welcome new volunteers, ensure they are aware of the support available to them, and communicate our expectations of volunteers. Our Volunteer Agreement is also affirmed during Core Training where volunteers are asked to sign to acknowledge that they have read and willing to commit to its expectations.
- In addition to the Core Training Session, there may be a need for Role Specific Training, which covers important information regarding the volunteers' specific environment and the activities they will undertake in their role. This may happen in the form of an add-on to the Core Training session, a one-off Training Session organised with as much notice as possible, or will take place as part of site orientation on volunteer's first shift. Additional relevant training may be offered after this session if deemed appropriate and valuable.
- 3.5 A new volunteer's first three months is a key part of the induction for their role. Imperial Health Charity provide all volunteers with an induction checklist which captures the operational, and site-based learning in addition to the elements covered in the Core Training session. It is expected that new volunteers will be able to work through this checklist during their first three months with support from their Volunteer Supervisor and the appropriate Volunteering Manager.
- 3.6 At the end of a volunteer's first three months, the appropriate Volunteering Manager will organise a review meeting with the volunteer to discuss how they are getting on in the role, review the induction checklist, recognise and thank them for their contribution so far and relay any comments or feedback from the Volunteer Supervisor. Where concerns are raised either by the volunteer or their Volunteer Supervisor, these can be discussed and appropriate actions agreed to resolve them.

4. Support

Support for Volunteers

- 4.1 The first point of call for support for volunteers will be a named member of Trust staff identified as the Volunteer Supervisor. The Supervisor for each role will be made clear through the appointment and induction process. The Volunteer Supervisor is responsible for providing role specific training, compiling any rotas for volunteers, and can answer queries relating to the department or role. During the Induction Journey, the Volunteer Supervisor should also introduce other members of the team that can be called upon for day to day enquiries. Any issues or incidents that arise whilst volunteering should be escalated to the Volunteer Supervisor in the first instance.
- 4.2 Each hospital site has a dedicated Volunteering Manager, employed by Imperial Health Charity, working in the Volunteering Department. Their role is to monitor and develop volunteering within the Trust at their specified site. This includes the recording of volunteers' hours, monitoring non-attendance, listening to and acting on volunteer feedback (where possible), providing ways to reward and recognise volunteers and work with Trust staff to create roles and recruit volunteers. The names and contact details of the Volunteering Manager for each site are published in the Volunteer Handbook.
- 4.3 The Volunteering Manager can assist volunteers with any problems, including those that the volunteer feels they are unable to discuss with their Volunteer Supervisor, or where they have witnessed events which may be upsetting or cause distress, or where the Supervisor has left.
- 4.4 The Volunteering Manager can also give advice to volunteers wishing to take a break from volunteering or change their role, as outlined in section 25. <u>Changing Roles</u> and 26. <u>Taking a Break</u>

Support for Staff

- 4.5 The Volunteering Department will work in partnership with Trust staff to create roles, recruit, train and support volunteers in their team. Resources are available to help staff identify appropriate tasks and roles that volunteers could undertake, to encourage departments to involve volunteers. Our core principle when creating volunteer roles is that volunteers must only be engaged to add value to the work of paid staff, should never be used to cut costs, replace paid jobs, or cover gaps in staffing.
- 4.6 The Volunteering Manager at each site holds regular 'Working with Volunteers' briefing sessions for Trust staff, promoting best practice in the support and management of volunteers. It is strongly recommended that all Volunteer Supervisors attend this session, before volunteers begin in their team.
- 4.7 Volunteer Supervisors can seek advice from the Volunteering Manager, when wishing to start problem solving procedures with a volunteer or if faced with a challenging situation.

b) Key Processes and Policies

5. Health and Safety: Infection Control

- 5.1 Health and Safety in a hospital environment is relevant to everyone, including volunteers. Volunteers must take care of their own safety, and that of others. Volunteers must report all hazards, risks and incidents in the appropriate way, as outlined in section 13. Incident Reporting.
- 5.2 Reducing the risk of infection is a key priority for Imperial College Healthcare NHS Trust, and Imperial Health Charity. All staff, volunteers, patients and visitors have a role to play in effective Infection Control.

Handwashing

- 5.3 Imperial Health Charity has adapted the World Health Organisation's "Five Moments of Hand Hygiene" guidance to help volunteers identify when they should wash their hands. This is included in Core Training for volunteers which is used alongside practical training in the seven steps of handwashing.
- Volunteers should be aware of the importance of hand hygiene and should be able to inform patients and visitors of this importance, to be able to support Imperial College Healthcare NHS Trust staff to implement this policy.

Preparing for hand hygiene in Clinical Environments

- 5.5 As part of Core Training and included in the Volunteer Handbook, all volunteers are instructed that when entering a clinical area, everyone, including them, should ensure they have done the following:
 - Removed their coats/jackets/ties
 - Removed any wrist and/or hand jewellery (with the exception of plain wedding bands)
 - · Removed wrist watches and roll up shirt sleeves
 - Covered any cuts, abrasions or scratches with a waterproof dressing

What to Clean your Hands With

- 5.6 Volunteers are instructed that alcohol hand rub is an effective method of hand hygiene. Hand gel dispensers can be found:
 - On each inpatient bed/trolley
 - Outside each single room and bay
 - By the entrance to the ward
- 5.7 If these dispensers are empty, or not present at all, volunteers should inform the ward manager.
- 5.8 However, there may be times when volunteers need to use soap and water to wash their hands. Soap and water should be used when:
 - Hands are visibly dirty or soiled
 - Volunteers are interacting with patients that have diarrhoea and/or vomiting
- 5.9 Infection control and handwashing technique is covered as part of the Core Training session (see section 3. <u>Induction and Training</u>) and instructions on how to do so can be found in the Volunteer Handbook.

5.10 Where necessary, cleaning products will be provided for any equipment used as part of volunteer roles, for example the Library Trolley service. Cleaning will be done after each use or routinely, once a week/month in line with Trust standards.

Exposure to Bodily Fluids

- 5.11 Volunteers should never be placed in a situation where they become exposed to blood and other bodily fluids. If, for whatever reason this situation did arise volunteers are instructed that they must:
 - immediately follow the appropriate hygiene protocols under guidance from Trust staff
 - Inform the ward manager as soon as possible
 - Inform the Volunteering Manager as soon as possible

Personal Protective Equipment

- 5.12 Personal Protective Equipment (PPE) is any equipment which is used to protect the individual from harm or damage.
- 5.13 Volunteer PPE should only refer to the use of disposable aprons to protect clothing when serving food. Disposable aprons can be located outside the kitchen doors, and outside clinical rooms (such as rooms and bays). If the volunteer has any queries about the disposable aprons they should discuss the matter with the ward supervisor.

Safe Handling of Waste

- 5.14 Waste from a healthcare setting has the potential to be toxic, hazardous or infectious. Waste bags in hospitals are colour-coded. Volunteers should only come into contact with waste which is suitable to be placed in clear or green bags. Volunteers MUST NEVER be placed in a situation where they become exposed to, or involved in the disposal of hazardous waste.
- 5.15 Should volunteers encounter waste that has been improperly disposed of, i.e. fluids on the floor they should inform their Volunteering Supervisor immediately, who will follow the appropriate procedures.

Sharps

- 5.16 'Sharps' refers to any used needles or medical equipment. Sharps waste has the potential to be toxic, hazardous or infectious and must NEVER be touched by a volunteer. Volunteers MUST NEVER be placed in a situation where they become exposed to any sharps waste. Should volunteers encounter sharps waste that has been improperly discarded, i.e. an overfilled sharps container, they should inform their Volunteering Supervisor immediately.
- 5.17 Should a volunteer receive an injury relating to sharps waste, they should contact their Volunteering Supervisor immediately. This supervisor will immediately complete a DATIX Incident Reporting Form and will follow the appropriate procedures. Volunteers should also contact the Volunteering Manager as soon as possible.

Treatment in Isolation

5.18 Volunteers MUST NEVER be exposed to patients being treated in isolation. Volunteers are asked to double check any notices displayed before opening a closed door to a patient area, and adhere to all instructions displayed.

Personal Illness

- 5.19 Volunteers should be aware of the risk that bringing illnesses into a clinical environment can create. Volunteers are instructed that they must not attend their shift if they have:
 - A cold
 - Influenza
 - Diarrhoea
 - Vomiting
 - Anything your GP says is infectious

5.20 If a volunteer is ill they should contact their Volunteering Supervisor and inform them that will be unable to attend their shift due to illness. This process is outlined in the Core Training day for volunteers and the Volunteer Handbook.

- 5.21 It is also recommended that volunteers, when attending appointments with a GP, inform them that they volunteer in a hospital environment and seek advice on the volunteer's own health to assess what level of risk, if any, this might pose.
- 5.22 It is not the policy of Imperial College Healthcare NHS Trust that volunteers are referred for occupational health assessments. Fitness to carry out a volunteer role is assessed through self-declaration at the point of application and monitored as part of the relationship management processes with volunteers.

6. Health and Safety: Fire

- 6.1 The Volunteering Department will provide all volunteers with current and correct training in Fire Safety at Core Training. Volunteer Supervisors should brief volunteers in the local area fire evacuation procedures.
- 6.2 The relevant duties as stated in the Trust's Fire Safety policy require volunteers to:
 - Comply with all safety and operational procedures relating to their role and workplace
 - Attend relevant training
 - Inform their Volunteering Manager if they have not received any training
 - Report any unsafe conditions or activities to their Volunteer Supervisor and Volunteering Manager
 - Use any fire safety measures or devices provided in line with the training they have received
 - Do not interfere with or misuse any item that relates to fire safety
- 6.3 Volunteers are instructed at Core Training and via the Volunteer Handbook that they are not required to provide any assistance in the event of fire or evacuation. In the event of evacuation due to fire, volunteers should evacuate as instructed in the same way as visitors.

7. Health and Safety: Manual Handling

- 7.1 Manual handling, defined as any activity which involves the lifting, lowering, carrying, pushing, pulling or supporting of any load either by hand or bodily force, is a common part of working in hospitals. There are strict rules on what volunteers should and should not do.
- 7.2 Volunteers must never be in a position where they involved in moving patients, in any situation unless specific training has been completed. This would include pushing patients in wheelchairs.

- 7.3 All volunteers receive basic instruction in the safe lifting and moving of boxes in the Core Training session. The core principles of which are to test the weight of item before lifting or moving it, and keep a straight back and bent knees to avoid injury.
- 7.4 Volunteers should refuse to participate in manual handling activities if they feel they are uncomfortable or unable to do so.

8. Equal Opportunities and Diversity

- 8.1 Imperial Health Charity is committed to providing equality of opportunity when developing, and supporting volunteering. All volunteers are valued and celebrated for their diverse and unique identity, background and contributions. Where possible local communities will be involved in the development of volunteer opportunities and recruitment processes.
- 8.2 Volunteers should reflect the diversity of communities they volunteer in and they have the right to volunteer in an environment which is free from discrimination. Types of discrimination include direct, indirect, disability discrimination and harassment.
- 8.3 If volunteers experience any form of discrimination or harassment, while volunteering, they have the right to raise a complaint and will be advised of the appropriate procedure. All complaints will be dealt with seriously, promptly and confidentially.
- 8.4 When representing Imperial Health Charity or the Imperial College Healthcare NHS Trust, volunteers should support this commitment to equality, treating others with dignity and respect and not discriminate against them.
- 8.5 Volunteers, and everyone involved with the Trust or Charity, would be expected to uphold the policy that discriminatory behaviour is unacceptable, and concerns should be reported to a member of staff.
- 8.6 Imperial Health Charity will make every effort to ensure that discrimination does not occur. Where volunteers have additional needs reasonable adjustments will be sought to ensure inclusivity for all. However, within a hospital environment, and given the limitations of our estate due to its age, reasonable adjustments may not always be possible.

9. Insurance

- 9.1 Imperial Health Charity has a comprehensive insurance policy in place, including Public Liability insurance cover. The cover provided by the Public Liability Policy is at least £5 million.
- 9.2 Volunteers are covered under the Group Personal Accident section of the insurance, in case a volunteer should experience 'Accidental bodily injury' that 'results in death or disablement'. This covers any injury sustained whilst volunteering, (defined in the Insurance Policy as 'any unpaid activity organised by The Policyholder'), or travelling to one of the hospital sites. Details of the benefits available can be found in the latest policy document, upon request.
- 9.3 We would expect that where a volunteer makes a claim in relation to an accident that occurs whilst volunteering, there is evidence that they signed in for their shift using the attendance register and recorded the accident according to the accident reporting process in the location they volunteer.

10. Boundaries

10.1 Boundaries are important to ensure that staff and volunteers carry out our work or duties according to agreed expectations and ensures that everyone receives the same quality service or experience.

Boundaries set the parameters of what is and is not acceptable behaviour within both an Imperial College Healthcare NHS Trust hospital and the local community environment. Understanding boundaries creates a positive working environment where trust and respect are paramount.

- 10.2 Volunteers should refer to the Role Description for the boundaries of the tasks that can be undertaken. Volunteers are not expected to go beyond these tasks. If this is the case the Volunteer Supervisor should revise the role with the Volunteering Manager. Patients and visitors can be unpredictable and will sometimes ask volunteers to carry out a role or action which is outside the parameters of the role description. If this occurs volunteers are asked to politely decline and seek assistance from a member of Trust staff or the Volunteering Manager.
- 10.3 Volunteers are asked to respect the boundaries of NHS staff and refrain from interfering with, or offering advice on, the duties of paid staff. A professional relationship should be upheld at all times.
- 10.4 Boundaries also extend to include any actions undertaken in the community as representatives of Imperial Health Charity and Imperial College Healthcare NHS Trust.
- 10.5 Imperial Health Charity define boundaries in three different ways:

Physical boundaries

- 1. Physical contact
- 2. Personal space
- 3. Your physical state

Interpersonal boundaries

- 1. Self-disclosure
- 2. Personal opinions
- 3. Casual conversations

Property boundaries

1. Personal property

Physical boundaries:

- 10.6 Avoid inappropriate physical contact with patients, visitors, staff and other volunteers. Sometimes a volunteering role will require volunteers to provide a level of physical support to a patient. Please take advise from our 'Health and Safety: Manual Handing' policy as well as any role specific guidance, training and/or risk assessments.
- 10.7 It is important to inform your Volunteering Manager or a member of Trust staff if you feel you have been subjected to inappropriate physical contact while volunteering.
- 10.8 It is generally considered that half a metre is an appropriate amount of space to keep from another person. Anything within this can make people feel uncomfortable.
- 10.9 It is a person's right to have their own personal space respected as well as acknowledging and respecting others, including patients, visitors, staff and other volunteers.
- 10.10 It is important to inform your Volunteering Manager or a member of NHS Trust Staff if you feel your personal space is not being respected by others.
- 10.11 Imperial Health Charity and the Imperial College Healthcare NHS Trust have a strict alcohol and drugs policy. Volunteers should never be under the influence of alcohol or illegal substances whilst volunteering. Volunteers should inform their Volunteering Supervisor if they are taking prescription medication that could impair physical state or wellbeing which may affect the ability to perform a volunteer role safely. Volunteers should not attend if suffering from ill-health as this may put themselves and others at risk. Volunteers may be asked to leave if it is felt that the ability to perform tasks is diminished to an unsafe level for any of the reasons above.

Interpersonal Boundaries:

- 10.12 Volunteers should not disclose any personal information about themselves to patients including, but not limited to, address, phone number or social media profiles. Other personal information relating to personal life and wellbeing should also be limited, including, but not limited to, personal experience of treatment in hospital. Empathy can be shown through listening and acknowledging without disclosing personal feelings or experiences.
- 10.13 When in uniform or on shift staff and volunteers are representatives of the Imperial Health Charity and the hospital. Trust values should be upheld at all times and personal opinions should be limited. This includes when traveling to and from your volunteering shift and breaks.
- 10.14 Patient confidentiality should be upheld at all times. Volunteers should only discuss patients with the Volunteering Manager or Volunteering Supervisor. This also extends to conversations about patients, visitors, staffs and other volunteers at any time, whether in the hospital, travelling to or from a shift or with friends or family members. This would be deemed as a breach of the 'Confidentiality Agreement' which volunteers should adhere to when they join.
- 10.15 Confidential information is defined as anything regarded as 'personal'. Information acquired that is not for the knowledge of the public or general knowledge. Please refer to section 16. <u>Confidentiality and Managing Data</u>.
- 10.16 Volunteers may witness something upsetting or hear information which is upsetting, and may wish to discuss this. Please refer to section 4. <u>Support</u> and know that there are ways to do this, without breeching confidentiality, with your Volunteer Supervisor, Volunteering Manager or someone in the Volunteering Department.

Property Boundaries

- 10.17 Volunteers should limit the amount of personal property brought on site when volunteering. The safety of personal belongings is down to the individual. There may be facilities in the Volunteering Managers office or on the Ward to securely store belongings (secure lockers) however Imperial Health Charity take no liability for personal belongings.
- 10.18 Other people's property should be respected by all. Patients, visitors, staff and other volunteers' belongings should not be touched or handled unless prior permission is given. At no time should volunteers handle money unless it is specified as part of the role description.

11. Safeguarding

- 11.1 Imperial Health Charity's commitment to and duties regarding safeguarding reflects the Imperial College Healthcare NHS Trust's commitment to a duty of care for both children and young people and adults (over 18 years old) from the risk of abuse or neglect. The Trust's Safeguarding Vision is: "to achieve the best possible outcomes for children and vulnerable adults through ensuring that their voices are heard, and that early intervention ensures their safety and wellbeing. This will be achieved through effective, united multi agency team working and engendering a culture where safeguarding is at the forefront of our care". Safeguarding Children and Young People Declaration July 2017
- 11.2 The multi-agency approach includes volunteers, and the understanding is that 'safeguarding is everyone's business' (Care Quality Commission, June 2015). Volunteers should have the information to recognise signs of abuse or neglect and how to report any concerns of actual and/or potential abuse or neglect.

- 11.3 For the purpose of this policy safeguarding is defined as measures and structures to respond to the act, or failure to act, which may cause harm to an individual. Harm includes violence, abuse, exploitation and neglect, and need not have been witnessed first-hand, nor a full disclosure been made. If a volunteer suspects a child, young person or vulnerable adult is at risk of abuse or neglect the following process should be used to report it.
- 11.4 Safeguarding also includes good and safe volunteering practices which ensures protection from allegations. While the aim of this policy is to provide an awareness of this, it is up to the individual to ensure they protect themselves by dynamically assessing their own volunteer environments. Support and guidance on this best practice can be provided by Imperial Health Charity or your Volunteer Supervisor, and volunteers must always refer to the specific role description and risk assessments for more detailed guidance and information.
- 11.5 Volunteers should be aware of the environment in which they are volunteering to ensure safeguarding practice is being upheld. While appropriate documentation is put in place, safeguarding yourself is ALWAYS the individual's responsibility.
- 11.6 The following outlines good practice in relation to safeguarding that all volunteers are asked to follow:
 - Always wear your ID pass with volunteer lanyard and name badge when on shift this allows
 everyone to know who you are and that you are a properly appointed volunteer with Imperial
 Health Charity.
 - Always ensure your volunteering take place in a public place by this we mean in main hospital
 entrances, thoroughfares, shops, waiting areas or in open ward areas. If your role requires you
 to be in a private room with a patient we advise you leave the door open where possible or,
 where not, always go in pairs be that with another volunteer or member of staff.
 - Never make physical contact with a patient if it can be avoided. If your role requires any level of physical patient contact appropriate role specific training will be provided with accompanying risk assessments.
 - Never share any personal information with a patient or visitor refer to section 10. Boundaries.

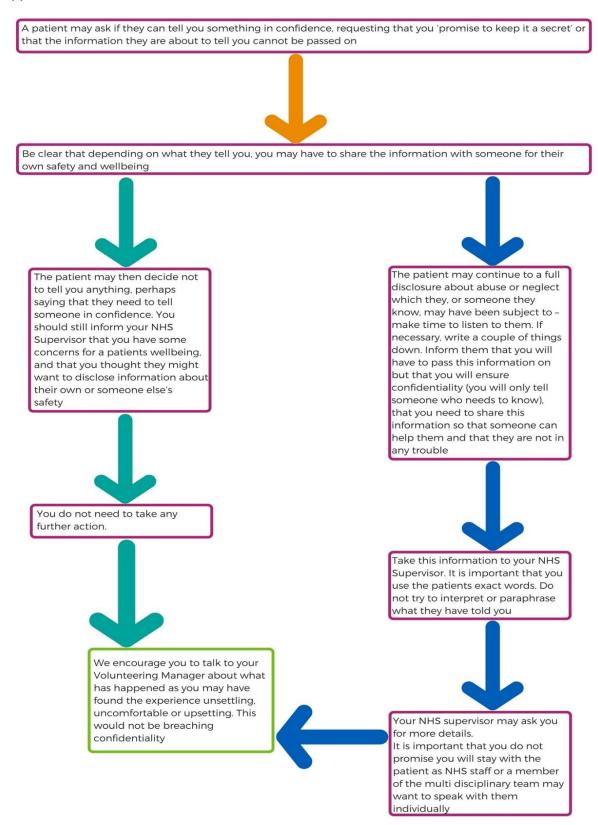
Please see the following section, 12. <u>Lone Working</u>, for further guidance on ensuring personal safety and wellbeing.

Reporting Concerns

- 11.7 Abuse and neglect can take many forms. The view of what constitutes neglect should not be constrained to personal opinions, and should always consider the circumstances of the individual case.
- 11.8 Volunteers are encouraged to report ANY concerns with regards to the safeguarding of children, young people or vulnerable adults (over the age of 18).
- 11.9 The below process for reporting should be followed if abuse or neglect is suspected or, if a patient or visitor, makes a full disclosure of actual abuse or neglect.
- 11.10 If you suspect that a patient or visitor to the hospital is subject to abuse or neglect, including observations of physical, verbal or emotional abuse, you should:
 - Immediately report these concerns to a member of Imperial College Healthcare NHS Trust staff.
 - Remember that safeguarding is everyone's responsibility so do not assume someone else will
 report it.
 - Keep in mind that a written account of your observations may be required so try to keep the
 details accurate and precise.

 Speak to your Volunteering Manager about what has happened, as the experience may have been unsettling, uncomfortable or upsetting. This would not constitute a breach of confidentiality.

The diagram below shows the process for reporting a part or full disclosure of abuse or neglect, should someone approach a volunteer.



12. Lone Working

- 12.1 Lone working applies to volunteers who are alone when they volunteer or volunteer in the community, on behalf of Imperial Health Charity. As a definition, lone working should also include any activity volunteers are involved in which is outside one of the five Trust Hospital sites.
- 12.2 A lone worker is therefore defined as any volunteer involved in an approved volunteering activity with clear role description but who is without direct supervision in a hospital building or in the community.
- 12.3 Imperial Health Charity recognises there are some additional risks associated with volunteers undertaking tasks by themselves. As such all lone working is avoided where possible and where lone working cannot be avoided, safe working is facilitated by undertaking risk assessments to identify hazards, assess risk and put appropriate control measures in place; such as enhanced training.
- 12.4 As part of Lone Working best practice all volunteers are advised to consult with their role specific risk assessment, but the following guidelines should also be followed to mitigate and reduce any risks involved in lone working:

Working alone away from the office or from home

- 12.5 Instructions and guidance to manage the risks associated with lone working is provided to volunteers who require it by the relevant Volunteering Manager.
- 12.6 Volunteers are also advised to consider the section 11. <u>Safeguarding</u> (paragraph 11.5) to ensure that there is an understanding of best practice of personal safety when volunteering alongside children, young people or vulnerable adults.

13. Incident Reporting and Whistle Blowing

- 13.1 All being well, nothing will go wrong, but volunteers should feel confident when reporting incidents. All reported incidents will be taken seriously and investigated. Those who report incidents will not be subject to victimisation.
- 13.2 If a volunteer wishes to raise a concern it should be reported to their Volunteer Supervisor, or a member of Imperial College Healthcare NHS Trust staff, as soon as possible. It is then the staff's responsibility to assess the need to escalate, formally document the problem (via DATIX) or involve other staff members to assist. Measures may then be undertaken to make changes to improve services or estates, where a genuine need is identified. If volunteers feel unable to approach Imperial College Healthcare NHS Trust staff then they can seek guidance from the Volunteering Manager at their hospital site.
- 13.3 Imperial Health Charity do not expect volunteers to be subject to abusive behaviour or language from patients, visitors, staff or other volunteers while they are volunteering. If anything of this nature occurs, and is reported promptly, the on-site Security team is on hand to intervene.
- 13.4 Examples of incidents and concerns that should be reported include:
 - witnessing or suffering slips, trips and falls
 - near misses
 - abusive behaviour or language from patients, visitors, staff or volunteers
 - anything that poses a danger to Health and Safety
 - criminal offences
 - breach of legal obligation
 - miscarriage of justice

- damage to the environment
- a deliberate attempt to conceal any of the above
- a Data Protection breach
- Incidents that involve volunteers will be investigated fully by both the Volunteering Manager and the Volunteer Supervisor, in line with the reporting process for Imperial College Healthcare NHS Trust. Should volunteers be injured as a result of an incident that occurred while they were volunteering, they may be able to make a claim for benefits as per the Imperial Health Charity's insurance policy, details of which can be found in section 9. Insurance of this policy.

Whistleblowing

- 13.6 The following information is taken directly from the Trust's Raising Concerns (Whistleblowing) Policy, which volunteers will be referred to if they wish to raise concerns, as described below. If a volunteer reasonably believes one or more of the following matters is happening, has taken place, or is likely to happen in the future, then they should follow the whistleblowing instructions described below:
 - A danger to the health and safety of any individual, or group of individuals, whether employees, patient or any other person on Trust premises, including mistreatment of other workers:
 - A criminal offence;
 - The breach of a legal obligation;
 - A miscarriage of justice;
 - Damage to the environment;
 - A deliberate attempt to conceal any of the above.
- 13.7 Wherever possible volunteers should discuss concerns with their Volunteer Supervisor or their manager. Where this is not appropriate, confidential advice is available from the Trust Freedom To Speak Up Guardians: imperial.ftsu@nhs.net or 07500225733

14. Problem Solving

- 14.1 Imperial Health Charity wants all volunteers to enjoy their involvement and through regular interaction with Volunteer Supervisors and Volunteering Managers, feel supported to discuss and resolve any day-to-day queries or problems as they arise. Volunteering Managers will, where possible, use informal procedures to address any concerns, however, on some occasions where a problem arises which cannot be sorted out using an informal approach (or perhaps when informal approaches have not worked) a more formal route to solving the issue may be needed.
- 14.2 There are three areas where this problem-solving process may be applied:
 - Capability e.g. a volunteer's ability to undertake the role;
 - Performance e.g. how well volunteers are performing in a role;
 - · Conduct e.g. a volunteer' behaviours when volunteering.

Stage 1- Informal resolution

- 14.3 For use when staff need to have a conversation with a volunteer, about their capability, performance or conduct.
 - 1. Where appropriate, the Volunteering Manager will speak to the person raising the concern and document the nature of the concern

- 2. The Volunteering Manager will give the volunteer an opportunity to comment on the concern raised about them, providing their account of any events that have taken place
- 3. Based on the findings from any conversations, a joint meeting may be called to discuss the situation with all parties to identify ways to resolve the issue
 - Potential solutions could include, being offering additional training or refresher training, having a mentor, revising the Role Description, changing to a different role or transferring to another hospital site (within the Imperial College Healthcare NHS Trust)
- 4. Once a possible solution is agreed upon it will be implemented and reviewed after a set time e.g. three months
- 5. If the solution is not resolved after this time formal action may be taken

Stage 2- Formal Action

- 14.4 For use when informal discussion and resolutions are not appropriate or have not been successful
 - 1. The volunteer will be invited to have a 'conversation of concern' with the Volunteering Manager to address the issue. A record of this will be shared with the volunteer and kept on file with the Volunteering Department.
 - 2. A solution will be agreed, to be implemented with a deadline set, for reviewing progress made. The possible solutions remain the same as described above in 14.3.3.

Stage 3- End of Volunteer Involvement

- 14.5 For use where no improvement has been seen in the behaviours of the volunteer involved with the incident or where the volunteer has not engaged in the Problem-Solving procedure
 - If no progress is made to address the issue during the period stated in the 'conversation of concern' volunteers will be asked to end their volunteering involvement once the deadline is reached
 - 2. If volunteers have not engaged in the process this far they may have their volunteer role closed with immediate effect, this will include where a volunteer refuses to engage in the Problem-Solving process.

Police Investigation

In the event that an allegation that a volunteer has committed a serious criminal act is brought to the attention of the Volunteering Manager, volunteers will be immediately suspended from volunteering, pending the outcome of the official Police investigation. If convicted and the nature of the criminal offence would affect their suitability to carry out their role, then the volunteer's role will be closed immediately (see section 2. <u>Selection and Vetting</u>).

Right to Appeal

- 14.7 A volunteer whose role is closed following the completion of the Problem-Solving process, and who disagrees with the outcome, may appeal against the process. Only one appeal is allowed and will be heard by the Head of Volunteering, another senior manager within the charity or the Chief Executive.
- 14.8 The manager hearing the appeal will review the facts of the case and identify how the Problem-Solving process was managed, and whether any elements were handled inappropriately. If a volunteer's role is

- closed as a result of the Problem-Solving process being followed in full, it is unlikely that an appeal would overturn the original decision.
- 14.10 Any of the following types of behaviour would normally lead to an automatic closure of a volunteer's role and an end to their involvement as a volunteer by Imperial Health Charity, unless there are genuine mitigating circumstances which may be taken into account. Volunteering Managers are asked to follow this guidance. The following are examples of gross misconduct but this list is not exhaustive:
 - Wilful misconduct or deliberate failure to comply with Imperial Health Charity or Imperial College Healthcare NHS Trust policies, procedures, regulations or practices such that the safety of the volunteer, patients, staff, visitors or other volunteers is jeopardised
 - Theft, fraud, deliberate falsification of records, deceit or other dishonesty equivalent to theft
 - Demanding, accepting or offering financial or other inducements either from/to other volunteers or any patient, visitor or staff member
 - Possession of firearms or any other weapons
 - Actual or threatened assault upon any fellow volunteer, patient, visitor, or staff member
 - Wilful disclosure of any confidential information relating to patients, other volunteers or staff
 - Wilful damage to and/or misuse of hospital property or premises, or gross negligence resulting in damage or loss of property
 - Serious incapability through alcohol or being under the influence of illegal drugs
 - Serious negligence which causes unacceptable loss, damage or injury
- 14.11 If a volunteer is accused of an act of gross misconduct, the Volunteering Manager may suspend the volunteer whilst an investigation takes place, depending on the nature of the role. If, after the investigation, the Volunteering Manager concludes that gross misconduct has occurred the volunteer will be asked to leave with immediate effect and informed by letter. If it is concluded that gross misconduct has not taken place then the Volunteering Manager will use the Problem-Solving procedure to manage the next steps with the volunteer.
- 14.12 On being asked to end volunteer involvement, volunteers must immediately return their ID pass, name badge and any uniform items issued.

15. Compliments, Complaints, Suggestions

- 15.1 If volunteers or Imperial College Healthcare NHS Trust staff have feedback or complaints regarding Volunteering, these can be passed onto the Volunteering Department either in person, via phone or email. All complaints will be taken seriously and handled professionally. Where possible, Imperial Health Charity will work with hospital teams to implement suggestions made, where a genuine need for change has been identified.
- 15.2 If volunteers receive feedback or complaints from patients, or visitors, about Imperial College Healthcare NHS Trust staff or services, they can direct them to the following sources of information and support as detailed on the website: https://www.imperial.nhs.uk/patients-and-visitors/feedback-compliments-and-complaints
 - Patient Advice and Liaison Services within the hospitals (PALS)
 - Friends and Family Test
 - NHS choices
 - Healthwatch Central West http://healthwatchcwl.co.uk/
 - Trust Complaints Department (Formal complaints)
- 15.3 Informal complaints will be directed to the PALS service within the hospital sites. Formal complaints will be handled by the Complaints Departments either via email or in writing by post:

ICHC-TR.COMPLAINTS@NHS.NET

Complaints department 4th floor Salton House St Mary's Hospital Praed Street London W2 1NY

- 15.4 Volunteers wishing to make a complaint about a member of Imperial College Healthcare NHS Trust staff or another volunteer should contact their Volunteering Manager.
- 15.5 Volunteers, patients or visitors wishing to make a complaint about Imperial Health Charity staff can contact the Volunteering Department, or the Charity directly.
- 15.6 Should volunteers, patients or visitors want to commend a member of staff, they can nominate them for an award in the Make a Difference staff awards.

 https://www.imperial.nhs.uk/patients-and-visitors/feedback-compliments-and-complaints/make-a-difference
- 15.7 For volunteers that have shown outstanding contributions please see the 27. Recognition Awards and Thank You Events section.

16. Confidentiality and Managing Data

Patient Confidentiality

16.1 Volunteers are expected to uphold patient confidentiality at all times. This includes when in the hospital building, grounds and offices, as well as outside of the hospital. Details of patients, their conditions or treatments should not be disclosed or discussed with friends or family members at any time.

Volunteers' Data and Records

- 16.2 Imperial Health Charity will store personal data on volunteers only for purposes related to their volunteer involvement. Personal data consists of anything that can be used to identify an individual. All data will be kept securely in accordance with the Data Protection Act 1998. Where an individual applies to volunteer in a role with one of our partner organisations, such as the Friends, we will share their application with the named contact in that organisation so that they may carry out interviews. Names and basic contact information only will be shared with employees of the NHS Trust for the purposes of keeping in touch with volunteers within their teams about their role and in the event of emergencies. No data will be shared with any other parties without the prior consent of the volunteer.
- 16.3 Once a volunteer has ended their volunteer involvement basic data, such as name, role and dates started/ended and reason for leaving will be kept for a period of six years. This is only kept for the purpose of reference requests.
- 16.4 After a period of six years all data will be deleted, except where a volunteer has been asked to end a volunteer role as a part of the 14. Problem Solving procedure, especially where gross misconduct had occurred. In this instance, basic data will be kept indefinitely so that any future applications to volunteer within the Imperial Health Charity or Imperial College Healthcare NHS Trust can be assessed appropriately.

Information Governance

- The Trust policy states that "Information Governance is a term that encompasses information security, patient and staff confidentiality, information sharing, clinical and organisational records management, data quality, and freedom of access to public information. Good information management is the organisational ability to protect sensitive personal information, and use this information effectively and ethically for the purposes the information was collected. Information Governance helps ensure staff compliance with the law (e.g. Data Protection Act 1998 / Freedom of Information Act 2000) and Department of Health Guidelines and professional best practice when handling personal and patient information. It also allows staff to ensure that personal information is dealt with legally, securely, efficiently and effectively in order to deliver the best possible care. The Trust holds and protects sensitive personal identifiable information in accordance with the Caldicott principles and the Data Protection Act (1998)".
- 16.6 Any volunteer with access to patient information or sensitive personal data via the Trust's IT systems is required to complete Information Governance training during their three-month induction journey and annually thereafter.
- 16.7 All volunteers must be compliant with Information Governance principles to uphold patient confidentiality, and to help prevent data leakage and inappropriate sharing of data. These principles are covered in Core Training and Volunteer Handbook.
- 16.8 If it suspected that a data breach has occurred, this should be reported immediately to the relevant Volunteering Manager.

General Data Protection Regulation

- 16.9 Personal data about volunteers will be collected at the point of application, this will include some sensitive data. Only information that will be used to inform the processing of their application and that which is required if successful to ensure safety (e.g. health conditions) will be collected. We do invite applicants to provide additional data relating to equal opportunities, which is only used for monitoring purposes, however this is not mandatory and can be left either blank or marked as 'prefer not to say'. This information is stored against an individual's record, however access to this data is restricted to the Head of Volunteering and Volunteering Co-ordinator for the purposes of anonymous recording. Sensitive data collected at the point of application is not used for the purposes of selecting volunteers, with the one exception where information is disclosed relating to criminal activity which would prohibit an individual from volunteering in that role.
- 16.10 For successful volunteers who are placed in a role, personal data is stored on Imperial Health Charity's organisational CRM system which is hosted through a third party and is fully compliant with the regulation. This data is only accessible to those that need to see it and is not shared with third parties unless directly relevant to their volunteering involvement. For example, contact details will be shared with the member of Trust staff who are directly supervising those volunteers, for communication purposes.
- 16.11 Any Third Parties used by the Charity to perform certain functions (such as satisfaction surveys or events planning) will need to provide evidence that they are compliant with the GDPR before any data is shared.
- 16.12 Volunteers can expect to receive mass communications from us via email and/or post related to their role as a volunteer. This includes the Volunteer Newsletter which is posted to all volunteers, the Charity newsletter which can be posted or emailed as well as routine updates from Volunteering Managers providing information about safety, policy or logistics. By applying to volunteer, volunteers must confirm that they are happy for their data be held securely by Imperial Health Charity, passed to the Trust and partner organisations such as the Friends, as we deem appropriate, and that they are happy to receive communications from us using any of the contact methods provided. Volunteers may change the

- method of communication for the Charity newsletter or opt-out all together. Other Volunteering Department communications cannot be opted-out of.
- 16.13 Volunteers who have access to the internet may access their personal record securely online to update their details and communication preferences. Volunteers who do not have access to their record can send requests to make changes to the relevant Volunteering Manager. Volunteers are responsible for updating personal details such as name, address, email address, phone number and emergency contact either directly on the database or by informing the Volunteering Department.
- 16.14 Data on volunteers will be kept in line with the GDPR and is for the purposes of tracking and monitoring volunteering involvement as well as training records. After a volunteer has left, their volunteer role will be marked as 'Closed'. Only basic data will be retained such as name, dates of volunteering, roles assigned, number of hours completed, training records and any notes relating to poor performance, problem solving procedures or gross misconduct. This data will be kept in case of reference requests or audit purposes (in the case of a legal case being brought against the Charity or Trust) and to ensure that volunteers not suitable to be placed in a hospital environment are not re-recruited to roles in the future. These records will be kept for a period of 5 years before being deleted, except where a volunteer's role has been closed as a result of a problem-solving procedure. Upon leaving volunteers will be asked if they wish to continue receiving the Charity newsletter.

17. Communications and Social Media

- 17.1 Volunteer Supervisors should communicate regularly with volunteers. Informing them of any updates or changes relevant to their role. In line with good practice in volunteer management, the Volunteering Department will consult with volunteers to gather their feedback and actively seek to involve them in their work.
- 17.2 Imperial Health Charity volunteers can expect to receive regular correspondence from the Volunteering Department, as set out in the Volunteer Agreement as well as more general updates and information about Imperial Health Charity. If a volunteer feels that they do not wish to receive these general Imperial Health Charity communications such as the Focus magazine, they must express this directly to their Volunteering Manager who will amend their communications preferences.

Responsible use of social media

- 17.3 The following provides volunteers with guidelines and recommendations for using social media responsibly and safely. This refers to the posting of text, images and film.
- 17.4 Volunteers are personally responsible for what they communicate in social media. Volunteers should avoid social media communications that might be misconstrued in a way that could damage the reputation of the Imperial Health Charity or the Imperial College Healthcare NHS Trust, even indirectly. Volunteers should not post anything offensive including discriminatory comments, insults or obscenity. Any posts that relates to Trust or Charity staff, or other volunteers should not be posted without their written permission.
- 17.5 If a volunteer discloses affiliation as a volunteer of the Trust or Charity, it must be stated that any views presented are personal do not represent those of the organisation. This should be done with a personal email address and written in the first person.
- 17.6 If volunteers are uncertain or concerned about the appropriateness of any statement or post, refrain from making the communication until it has been discussed with a Volunteering Manager. Any breach of these guidelines may be deemed gross misconduct and problem-solving procedures may be started.

17.7 Volunteers, are however, encouraged to like and share posts from the Trust and Charity Communications teams on any social media platform.

Copyright, Intellectual Property and Photography

17.8 The rights to any original works that volunteers may produce while volunteering will belong to Imperial Health Charity, unless otherwise agreed. Examples of this include; photography, artwork and written work, including the results of research. We may use photographs of volunteers carrying out their roles for promotional purposes, for example in a leaflet or online. If any volunteer does not want their image to be used please let a Volunteering Manager/Volunteer Supervisor or event photographer aware at the time.

Patient Confidentiality

- 17.9 Under normal circumstances there are no grounds to disclose confidential or patient identifiable information to the media. In fact, doing so is a breach of both patient confidentiality and the Data Protection Act 1998. Such a disclosure could have implications for the Trust, and a criminal prosecution of the offending person.
- 17.10 Volunteers are not permitted to take photographs or videos of patients, unless explicitly requested by the Imperial Health Charity Communications team (who will ensure that the relevant consent has been granted). Any breach of this will be deemed as gross misconduct and problem-solving procedures will be started, whereby the volunteer will be suspended, pending investigation.

Media Relations

- 17.11 No comments or stories should be given directly to the media, unless a volunteer role specifically includes talking to the press or other local media. Our media relations are handled by the Charity and Trust Communications teams, so any requests from the press should be referred to Trust or Charity staff.
- 17.12 Any comment made by a volunteer which directly or indirectly puts the Trust or Charity into disrepute will be deemed gross misconduct. Resulting in problem solving procedures being started, whereby the volunteer will be suspended pending investigation.

Sources: Imperial College Healthcare NHS Trust: Guidelines for engaging with Media Imperial Health Charity: Social Media Policy, Staff Handbook

18. Expenses Policy

18.1 Volunteers are entitled to claim genuine out of pocket expenses, incurred in their volunteer role. We reimburse out of pocket expenses for travel and refreshments for volunteers, as part of our commitment to providing equal opportunities for individuals to volunteer with us.

What can be claimed?

18.2 Volunteers can claim for the cost of their travel to and from hospital sites, or the site of events run by the Imperial Health Charity. Travel claims are limited to up to £6 per day, only on days when volunteering has occurred. Where possible this should be by the cheapest or most efficient mode of transport, ideally public transport (including bus, train and underground). The maximum amount that can be claimed will be reviewed in line with any increase in prices that Transport for London implement. The current allowance is based on daily price caps when travelling within Transport for London zones 1-2.

- 18.3 Claims can also be submitted for refreshments purchased whilst volunteering. Refreshments may include hot or cold drinks, snacks and sandwiches up to the value of £4 per day.
- 18.4 Expenses will not be reimbursed:
 - Without production of a valid receipt
 - In advance
 - For travel where a concessionary pass is used for free travel
 - For travel where a season ticket/pass is used, and therefore the volunteer has not incurred any additional cost
 - Cycling or any other self-propelled mode of transport
- 18.5 Subject to agreement and in circumstances where public transport isn't available or suitable the following will be reimbursed, up to a maximum of £6 per day:
 - Vehicle mileage of 30p per mile
 - Car Parking
 - Taxi, in exceptional circumstances

Submitting a claim

18.6 To make a claim, volunteers must be able to produce the valid receipts for each item and journey, for which the claim relates, and must have signed in using the Volunteer Attendance Register at their hospital site (or event starting point). For Oyster Card and Contactless payment card use, a printed statement from an online account is required. Volunteers must then complete a Volunteer Expenses Form and submit both the form and the receipts, to the Volunteering office at their hospital site or to the central office address below, within one month of incurring the expenses. Payment will be made via BACS to the specified account, usually within two weeks. Once a claim has been authorised by the Volunteering Manager, payments can also be collected in cash from the Cashiers within the hospital, on presentation of the signed, authorised Expenses Form (at Charing Cross and Hammersmith Hospitals only).

Volunteering Department Imperial Health Charity 178-180 Edgware Road London W2 2DS

19. Gifts

- 19.1 If volunteers are offered gifts from patients or visitors it is recommended that they kindly refuse. Gifts can imply favouritism and could increase the feeling of expectation upon the volunteer.
- 19.2 Where appropriate volunteers can suggest that patients and visitors consider making a donation to the Imperial Health Charity, specifying a ward or department at their discretion.
- 19.3 Trust staff who wish to give a gift to a volunteer should first consult with the relevant Volunteering Manager to discuss ways to reward and recognise volunteers either formally, through the Awards scheme, or informally.
- 19.4 Volunteers are not encouraged to give gifts to patients under any circumstances.

20. Providing references for volunteers

20.1 When volunteers leave (providing they have completed the minimum commitment agreed when starting) the Volunteering Department will provide them with a standard reference detailing their

volunteer role(s) and the dates they volunteered along with a brief explanation of any training received. <u>See 26.1 Leaving a volunteer role.</u> The Volunteering Department is unable to respond to requests for references where we have been provided as a referee on an application, after they have finished volunteering.

- 20.2 Volunteer Supervisors may provide more detailed references relating to the specific tasks and contribution made by volunteers or act as referees for career/educational applications. However, this is entirely at their discretion and volunteers must agree this with them before listing them as a referee.
- 20.3 If a reference is required while an individual is still volunteering with us, upon request from the volunteer we can provide a standard reference detailing the volunteer's role and time spent with us. The Volunteering Department is unable to respond to requests for references where we have been provided as a referee on an application.

c) Volunteering with Imperial Health Charity

21. Volunteer Roles

- 21.1 Each volunteer role must have a Role Description in place before any recruitment activities can start or volunteers are appointed to that role, this then forms part of the agreement that volunteers adhere to when joining. A volunteer Role Description should describe the purpose of the role along with the key tasks and responsibilities, including any boundaries or limitations of the role. When producing role descriptions for recruitment purposes the main skills, experience and qualities that the role would look for will also be outlined. Role descriptions will also include the required times and desired minimum length of commitment for the role.
- Volunteers are recruited on a needs-based approach, working with Imperial College Healthcare NHS Trust teams to develop roles according to operational needs, aligned with Imperial Health Charity's core principles for volunteering. Individuals who approach wishing to volunteer will be directed to currently advertised vacancies. Bespoke requests cannot be accommodated for roles that either do not exist or are not currently being advertised.
- 21.3 Volunteer roles are created in partnership with the relevant Trust teams and agreed by the Volunteering Department. Trust staff are encouraged to direct individuals interested in volunteering to our current vacancies. Trust staff are asked not to commit themselves to offering an individual a role as a volunteer, if approached. All requests to volunteer should be directed through the Volunteering Department.
- 21.4 As part of the Volunteer Agreement, the expectation is that volunteers will carry out their role, as described in the Role Description, to the best of their ability, at the times agreed when appointed. Volunteers should not carry out any tasks not included in their Role Description which conflict with the boundaries for volunteers, as described during core training sessions and outlined in the 10.

 Boundaries section of this policy. Where a volunteer is no longer able to meet the time commitment in their Role Description they should speak to the Volunteering Manager for their hospital to discuss their options.
- 21.5 Roles will be reviewed annually with Trust staff to ensure that the tasks are still relevant and appropriate, and to ensure that current volunteers (in that role) are still operating within that agreed Role Description.

22. Dress Code and Uniform

- 22.1 Public or patient facing volunteers are issued with uniform items so they can be easily identified by patients, visitors and staff in and around the hospital. Where issued, volunteers are required to wear their uniform at all times when volunteering within the hospitals.
- 22.2 Uniform for volunteers consists of:
 - a purple short-sleeved top, with a choice of either a shirt/blouse or polo shirt
 - a volunteer lanyard to carry Trust ID
 - a name badge
 - for roles in main entranceways/colder parts of the hospital, a purple or grey long-sleeved jacket may also be provided
- 22.3 Volunteers are expected to wash and take care of their uniform, following the care instructions provided. Imperial Health Charity will not resource cleaning of any uniform garments, except where excessive soiling occurs in the course of a volunteer's role, e.g. if a patient vomits on a volunteer.
- 22.4 Where a volunteer undertakes more than one shift per week, multiple items of uniform may be issued to ensure cleanliness and hygiene can be observed appropriately. Replacement items of uniform are available where clothing has been worn out through normal wear, usually every 1-2 years where it is worn once a week or more.
- 22.5 All uniform items and any other equipment provided to volunteers must be returned when they leave their volunteering role.
- 22.6 At our hospitals, we operate a 'bare below the elbow' policy which must be followed at all times in clinical areas, including wards and clinics. This means that when volunteering, volunteers must wear short sleeved items of clothing.
- 22.7 The volunteer uniform is short sleeved, however if there is a need to wear an additional layer underneath this should be short sleeved or the sleeves must be rolled up above the elbows when in clinical areas, including wards, clinics and waiting rooms.
- 22.8 The following directions also apply as part of the NHS Trust's 'bare below the elbow' policy and must be adhered to in clinical areas:
 - No wrist watches
 - No ties
 - No dangly earrings or jewellery (stud earrings are fine)
 - No rings except plain wedding bands
 - Long hair must be tied back
- 22.9 Volunteers with roles in clinical areas, including wards, clinics and waiting rooms must wear trousers or conservative length skirts with their uniform, preferably dark in colour. Trousers or jeans with rips are not acceptable to be worn when volunteering. All volunteers should wear comfortable and close-toed footwear, shoes with high heels are not permitted to be worn in clinical areas. Items of clothing which could be perceived as revealing must not be worn, e.g. bra straps and underwear must not be visible, blouses or shirts must not be low cut or open.
- 22.10 Decisions regarding appropriate dress and uniform wear can be made at the discretion of the appropriate Volunteering Manager or Volunteer Supervisor.

23. Attendance

- 23.1 Volunteers are asked to sign in and out using the Volunteer Attendance Registers so there is a record of who is and has been onsite; these registers are used to monitor who our 'Active' volunteers are at any given time. The Volunteer Attendance Registers are located at key points at each hospital, primarily main reception desks. As part of the Volunteer Agreement it is asked that volunteers will commit to a number of hours and shifts, and therefore attend when agreed and the attendance registers are used to monitor this. Imperial Health Charity works on the assumption that if a volunteer hasn't signed in, then they haven't attended.
- 23.2 If a volunteer is unable to attend, for whatever reason, we ask that they contact their Volunteer Supervisor (the member of staff where they volunteer) first and also let the Volunteering Department know, either via their Volunteering Manager or using the central phone number and/or email address.
- 23.3 If a volunteer hasn't attended for one calendar month with no prior notice then the Volunteering Manager will make attempts to call them during the following month using all of the numbers on record. If the Volunteering Manager is unable to contact the volunteer via phone they will send an email or if no email available, a letter. This will usually be done by the end of the third week of the month. If a response is not received, and attempts to get in touch fail, the Volunteering Manager will seek to call the volunteer's emergency contact, following this a final letter will be sent to the volunteer's last known address with a request to contact us within one month of posting. If nothing comes back from the volunteer after one month of the final letter being sent, the volunteer's record will be closed along with any active roles. A final letter of thanks acknowledging the volunteer's contribution will be sent at this time.

24. Training

- 24.1 Imperial Health Charity is committed to ensuring that volunteers are properly equipped and feel confident to carry out their roles safely and to the best of their abilities. Requirements of operating within an NHS environment entail that all volunteers are trained in a number of core skills topics to ensure patient, staff and volunteer safety. These topics are identified via a national framework and local Trust policy. We have agreed with the Trust the required topics and learning outcomes that will be included for volunteers.
- 24.2 As part of the volunteer induction journey all new volunteers are required to complete a core training session before starting in their role. Core training sessions are usually run as a whole day course at the hospital where volunteers will be based. However, in some cases this may be run across several sessions and/or at an alternative hospital site, within the Trust, to accommodate availability. Once new volunteers have attended a core training session they will then be able to start volunteering and work through their induction checklist with their hospital team. For some volunteer roles the hospital team may also provide additional role-specific training within the first few weeks in role. Volunteer Supervisors are responsible for supporting new volunteers to complete their induction journey checklist. Volunteering Managers will review progress through the induction checklist, including any required role-specific training as part of three-month review meetings with new volunteers.
- 24.3 All volunteers are required to complete a refresher training course every three years in order to maintain and update their knowledge of the core skills topics. Volunteers will be contacted and sent reminders when they are required to attend a refresher training course. Refresher training courses should be completed within three months of the due date.
- 24.4 Other training relating to specific topics intended to upskill and support volunteers in their role may be made available and will be offered to volunteers, as appropriate. For some volunteer roles additional training may be required to take on additional responsibility in the role, and this will be communicated to volunteers when encouraging new or different tasks in the role.

As part of the commitment to providing a high-quality volunteering experience for both volunteers and staff training is also provided for Imperial College Healthcare NHS Trust staff to help them work effectively with and get the most from volunteers in their team. This does not form part of any mandatory training programme; however, it is encouraged that all staff who supervise or work alongside volunteers take part in training provided.

25. Changing Roles

- Volunteers who wish to change their role may do so once they have completed the minimum length of time agreed when appointed, this is usually six months. Volunteers who have completed the minimum length of time for their current role are welcome to apply for any roles currently being advertised for. All current volunteer vacancies are advertised online at: www.imperialcharity.org.uk/volunteering
- Volunteers should speak to the Volunteering Manager for their hospital/site if considering a change in role, who will be able to advise them and support them through the required process.
- 25.3 For some roles group selection events are held to meet applicants wishing to volunteer and ensure they are well suited to the role they wish to take on. If an existing volunteer wishes to move to a role where a selection event is being held then they may be invited to take part in the same process as applicants to ensure they fully meet the required standard for the role.
- 25.4 If a volunteer wishes to take on an additional role they should speak to the Volunteering Manager for their hospital/site in the first instance who can provide advice. Volunteers can be appointed to multiple roles at the discretion of the Volunteering Manager, taking into consideration the nature of the different roles, any conflict of interest and the volunteer's ability to carry out all roles effectively.
- 25.5 In all cases existing volunteers will only be able to change roles or take on additional roles where there is a vacancy and they match the required criteria for the role. For this is to be established, volunteers may be asked to attend a short interview with the Volunteer Supervisor for the new role. Any change or additional role must be approved by the appropriate Volunteering Manager. Depending on the current role and the new role, volunteers may be required to complete a new or higher level of vetting, including a DBS disclosure or higher level of DBS disclosure if not previously required, or not valid within the last three years. If a higher level of vetting is required for a change in role, then this must be completed before starting the new role.

26. Taking a Break

- 26.1 Imperial Health Charity appreciates and acknowledges that volunteering is an important part of extracurricular time for many volunteers, and as such has to fit around their existing commitments. From time to time other things take over or circumstances change and it may be necessary for volunteers to take a break from their role. If a volunteer wishes to take a break from their role, they should speak to the Volunteering Manager for their hospital in the first instance to confirm approximately how long break they would like. Volunteers should then let their Volunteering Supervisor know that they will be away so they know not to expect them. Volunteers should also inform the Volunteering Manager of any break. If a Volunteer Supervisor becomes aware of an absence either planned or through ill health they should inform the Volunteering Manage on behalf of the volunteer.
- When a volunteer is ready to return to their role following a break, they should let their Volunteering Manager know via email or phone to confirm their anticipated return date. If the break has been for less than three months, the volunteer will be able to re-start in their role immediately. If the volunteer has been away from their role for between three and six months then they will need to attend a form of refresher training before re-starting in their role. The Volunteering Manager will make arrangements for this training to take place as soon as possible so that the volunteer can resume their role. The

Volunteering Manager will also conduct a 'Volunteer Return Meeting' for volunteers who have been away for longer than three months. If a volunteer takes a break which lasts for six months and one day or longer then they are required to reapply for either their previous role or a role currently available and go through the volunteer appointment process for that role. This would include completing the required level of vetting for the role and the induction journey, including core training, appropriate to the role.

26.3 Where a long-term absence was the result of ill health, the Volunteering Manager will support the volunteer to ensure they are confident they can return to the role safely. Where possible adjustments will be made to accommodate any additional needs, for example, providing seating. Where the current role may no longer be suitable the Volunteering Manager can also support the volunteer into a different role This is providing there are opportunities available and the volunteer agrees to complete any necessary training and vetting procedures.

27. Leaving a Volunteer Role

- 27.1 As and when volunteers are ready to finish their volunteering with Imperial Health Charity they are advised to speak to the Volunteering Manager for their hospital to discuss their plans for finishing in their role. Ideally all volunteers will complete the minimum commitment advertised for the role, which is usually six months, although it is appreciated that sometimes this isn't possible. Volunteers who have completed the minimum commitment will be given a standard reference detailing their role, length of service and training completed which can be used with future employers or for volunteering with other organisations. We are unable to provide detailed character references or respond to reference requests after volunteers leave. If a volunteer requires a more detailed reference about their contribution while undertaking their role, we recommend that volunteers ask their Volunteering Supervisor to be a referee for them.
- 27.2 Imperial Health Charity would like to stay in touch with volunteers after they leave, which primarily comprises the quarterly Imperial Health Charity newsletter 'Focus' if volunteers have opted in to receive this. Where a volunteer leaves within a few months of an upcoming social event for volunteers, then in most circumstances volunteers may still attend, should they wish to. The appropriate Volunteering Manager will advise accordingly.
- 27.3 In most cases volunteers will leave due to changes in personal circumstances, however in exceptional cases volunteers may be asked to terminate their volunteering role. Volunteers will be asked to leave on the following grounds;
 - at the conclusion of a problem-solving process whereby a volunteer is found to have acted contrary to the volunteer agreement or behaviours deemed gross misconduct
 - in the event of the volunteer being found guilty of a serious criminal offence, not appropriate for the role or for volunteering within a hospital
 - where a change in their health makes their involvement as a volunteer untenable
- 27.4 If a volunteer is asked to leave in circumstances not relating to a change in their health, no reference will be issued, or responses given to any reference requests from potential employers or other volunteer-involving organisations.
- 27.5 When volunteers leave they are kindly asked to return their ID pass, name badge and any items of uniform and equipment they were issued within 2 weeks of their final shift, or 2 weeks of the end date of volunteering. This can be returned to their Volunteering Manager or the Imperial Health Charity office, either in person or by post.

28. Recognition Awards and Thank You Events

- 28.1 Imperial Health Charity are incredibly grateful for the contribution of volunteers to the work of the Charity and Trust. As such we are committed to providing appropriate ways to recognise and thank volunteers for their contribution. This is done, primarily, via three methods:
 - Awards recognising time spent volunteering
 - Awards recognising special or outstanding achievements as a volunteer
 - Social Thank You events

Awards Recognising Time Spent Volunteering

28.2 Awards are presented to volunteers to recognise key milestones achieved, supporting Imperial Health Charity. These length of service awards consist of a pin badge and certificate which will be presented to volunteers on or near their anniversary date, or at a thank you event if there is one taking place close to their anniversary date.

Make A Difference Volunteering Awards - Recognising Special or Outstanding Achievements as a Volunteer -

28.3 Staff and volunteers are able to nominate volunteers for awards as part of the Make A Difference Awards Scheme, where they feel an individual should be recognised for special or outstanding achievements. There are four categories for these awards, linked to the Trust Values; Kind, Expert, Aspirational and Collaborative, with specific nomination criteria for nominees to complete when submitting a nomination. These nominations are reviewed by the Volunteering Department, and where successful, presented to recipients either within their team or at a volunteer thank you event. These volunteer awards have set criteria as well as a few conditions to ensure that we are able to recognise volunteers consistently, regardless of length of service or location. There is no limit to the number of volunteers who can be presented with these awards at any one time. Awards will be agreed based on the quality of the nomination provided, against the criteria required.

Social Thank You Events

28.4 Imperial Health Charity host a number of events during the year to bring volunteers together to celebrate and thank them for their contribution to the hospitals. Invites are sent to those 'Active' volunteers who have signed in at least once during the 30 days prior to invitations being sent or those on a known absence, of less than three months. These events are usually provided free of charge or very heavily subsidised, and require volunteers to book tickets by a set deadline to secure their place.